

Thanks to Northern Queensland Primary Health Network (NQPHN) – Central Queensland Rural Health (CQRH) are now able to deliver antenatal and postnatal education and lactation services within your community. This program will partner with local services to establish an integrated system of care for mothers and families, whilst establishing a maternity framework that allows the development of other direct consultation and private practice services in some communities.

# Antenatal | Postnatal Education & Lactation Services

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- ✓ Regular education programs which cover ante-natal and post-natal care, breast feeding, nutrition, immunisation, smoking cessation, drug and alcohol use and early childhood development.
- ✓ Improved maternal and early childhood care and support, including telephone consultations for lactation support.
- ✓ Earlier detection and management of pregnancy, post-natal and early childhood illness or developmental problems
- ✓ Scheduled care through a GP and shared obstetric services delivered in partnership with General Practice
- ✓ Shared care with specialist obstetric, and allied health services including access to telehealth for routine non procedural consultations
- ✓ Culturally informed practice for indigenous, refugee and migrant populations.
- ✓ Improved access to group programs and linkages to social services and other health services for mothers and families
- ✓ Developing shared care arrangements to ensure women have access to known carers through their ante-natal, birth and post-natal period.

**Please contact Central Queensland Rural Health (CQRH) for details of when our visiting services are in your area:**

**Anne Franettovich – Midwife**

**Phone: 0428 085 153**

**Fax: (07) 4992 1636**

**E-mail: [anne.franettovich@cqrdgp.com.au](mailto:anne.franettovich@cqrdgp.com.au)**

**[www.cqruralhealth.com.au](http://www.cqruralhealth.com.au)**

